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*3. Physical Examination

A student must have a physical examination, as required, completed by a physician certifying that the student is fully able to compete in athletics. A physical examination for the current school year is interpreted as a physical examination given after April 15th of the previous school year. A student shall not participate in any practice sessions or contests until the completed form has been turned into his/her coach. The coach will submit all forms to the Athletic Director.

*4. Parent Approval/Student Applications

The student must submit to his/her coach or activity sponsor the necessary permission forms signed by the student and parent(s) before participating in practice sessions, contests or activity programs. Students involved in co-curricular activities other than athletics must also submit permission forms signed by the student and parent(s) to the activity sponsor before participating in practice sessions, contests or activity programs.

*5. Semesters of Competition

A student may not compete in more than four (4) first semesters and four (4) second semesters.

*6. Semesters of Enrollment

Students cannot be enrolled in high school for more than eight (8) semesters. The seventh and eighth semesters must be consecutive.

7. High School Academic Eligibility

To be academically eligible to participate in athletics or co-curricular activities, a student shall have successfully passed all classes in the previous semester, of which at least three classes must be a grade of C or better. If the student is ineligible based on the previous semester grades, the student will be ineligible for participation for the complete succeeding semester unless deficiencies, including incomplete, conditions, and failures from a previous semester are made up during a subsequent semester, summer session, night school, modified program, or by tutoring. Eligibility will be reinstated during the next semester following acceptance of credit. **Eligibility could also be reinstated by the**

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following: The student must enroll in one of the following District provided programs: fee-based credit recovery or a nine-week fee-based tutoring program. During the period of participation in the program, the student must provide Royal Oak High School Administration or the tutor with a weekly progress report. Said progress report must show significant improvement and progress in all classes that were deficient in the previous semester. Failure to meet this requirement will result in immediate ineligibility to participate in athletics and co-curricular activities. Furthermore, the student must meet all academic eligibility guidelines in the current semester. Additionally, for a student to maintain academic eligibility during a semester he/she must be passing all classes and must have a grade of C or better in at least three of the classes. The Athletic Director or designee will check compliance at the end of the first marking period of each semester. If the student is not meeting this standard, the student will be ineligible for competition/ participation until the standard is met, a period of not less than one calendar week.

Failure to comply: Ineligible to participate for the next semester or until such compliance is fulfilled.

8. Weekend Co-Curricular Activity

Total number of contacts will be limited to six (6) per week including practices and events. A seventh (7) contact may be allowed only by special permission of the building administrator or designee. Weekend practices are voluntary and no student will be penalized for not attending. If practices, rehearsals, programs or events are scheduled on Sundays, attendance must not begin before 1:00 p.m. nor continue past 6:00 p.m., including transportation time. Further, any additional costs incurred for week-end practices, rehearsals, programs or events will be charged to the activity with payment made to the District.

Failure to Comply: Code III